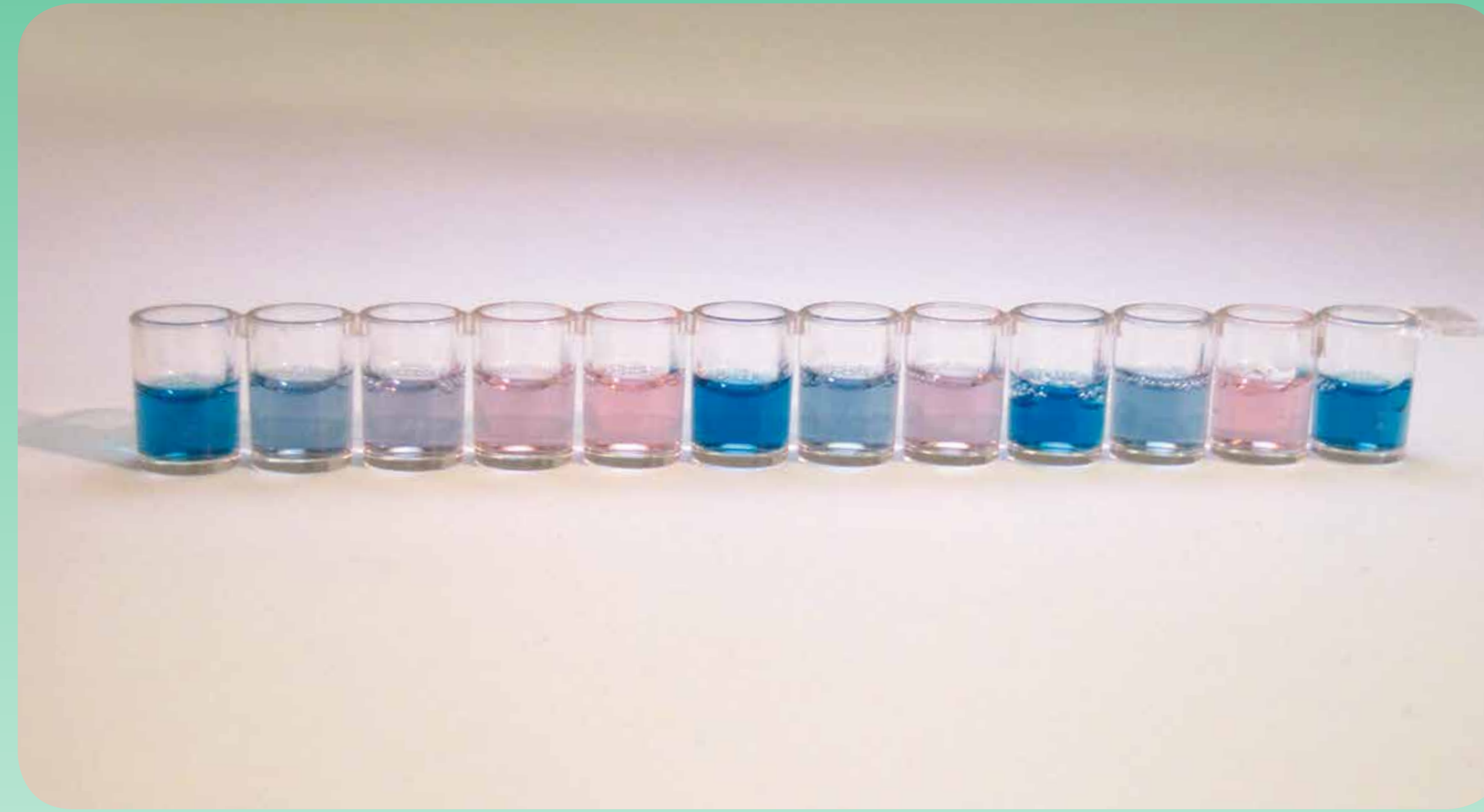


A Sensitive ELISA for the Detection and Quantitation of Aflatoxin M₁ (AFM₁) in Milk and Dairy Products

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ABSTRACT

Aflatoxin is widely considered to be one of the most potent naturally-occurring carcinogens. Aflatoxin M₁ is a toxic metabolite that is excreted in milk by livestock that have consumed feed contaminated with aflatoxin B₁. Aflatoxin M₁ in milk and dairy products is considered a risk to human health and as a result there is an established European Union (EU) limit of 0.05 µg/L or 50 part per trillion (50 ppt) in milk and reconstituted milk powder. Veratox for Aflatoxin M₁ is a competitive immunoassay (ELISA) in microwell format for the detection and quantitation of aflatoxin M₁ (AFM₁) in milk and dairy products. The assay is very sensitive with a limit of detection of 5 ppt and a quantitative range from 5–100 ppt. The assay is very specific to AFM₁ and has no cross reactivity with any other aflatoxins including AFM₂. The assay is performed by adding aflatoxin standard controls and samples to aflatoxin M₁ monoclonal antibody-coated wells and, during a 20 minute incubation the AFM₁ will bind to the antibody. After the first washing step, aflatoxin M₁ that has been conjugated to horseradish peroxidase (AFM₁-HRP) is added and incubated for 10 minutes in which the conjugate will bind to any remaining unbound antibody. After the second washing step, substrate is added, which reacts with the bound conjugate to produce blue color. The color development is inversely proportional to the aflatoxin M₁ in the sample; more blue color means less aflatoxin M₁. The test is read in a microwell reader to yield optical densities. The optical densities of the controls form the standard curve, and the sample optical densities are plotted against the curve to calculate the exact concentration of aflatoxin M₁. ELISA results correlated very well with results of reference HPLC method of naturally contaminated whole milk powder samples with low, medium and high levels of AFM₁.

INTRODUCTION

Aflatoxin M₁ is a toxic metabolite of aflatoxin B₁ which is produced by molds such as *Aspergillus flavus* and *Aspergillus parasiticus*.

Aflatoxins are carcinogenic and can be present in grains and animal feeds.

When animals are fed grains and feeds contaminated with aflatoxins, aflatoxin B₁ is converted by hydroxylation to aflatoxin M₁, which is subsequently secreted in the milk of lactating cows. Many governments have established regulations for the maximum permissible amounts of aflatoxin M₁ in different dairy products. In the EU, the limit for AFM₁ in milk and reconstituted milk powder is at 0.005 ng/mL (0.05 µg/L or 50 ppt). In the USA, the Food and Drug Administration (FDA) established an action level of 0.5 ng/mL (0.5 µg/L or 500 ppt) in milk.



SAMPLE PREPARATION AND EXTRACTION

LIQUID MILK

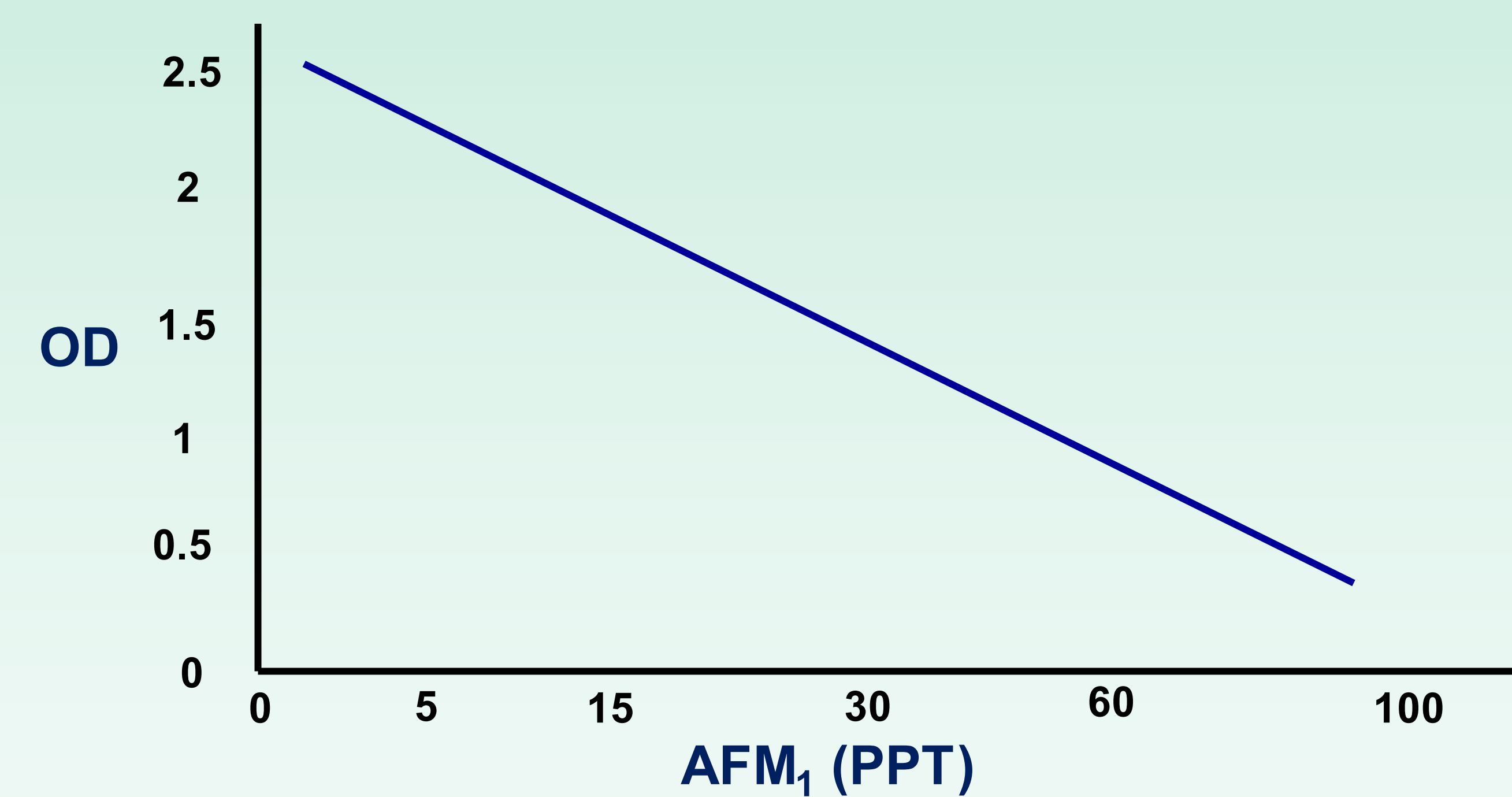
1. Centrifuge milk samples to remove fat for 10 minutes at 3500 g at 10°C (50°F).
2. After centrifugation, carefully separate and discard the upper cream layer from the defatted supernatant.
3. The supernatant (skimmed milk) will be used directly in the test (100 µL per well)

DRIED MILK POWDER

1. Weigh 10 g of milk powder in a flask. Add 100 mL of distilled water.
2. Stir to dissolve and homogenize.
3. Extract in a rotary shaker for 30 minutes.

NOTE: If whole milk powder is used, continue with steps 4 and 5. If not testing whole milk powder, proceed to step 6.

4. Centrifuge milk samples to remove fat for 10 minutes at 3500 g at 10°C (50°F).
5. After centrifugation, carefully separate the upper cream layer from the defatted supernatant. The cream layer can be discarded.
6. The supernatant (skimmed milk) will be used directly in the test (100 µL per well).



TEST PROCEDURE

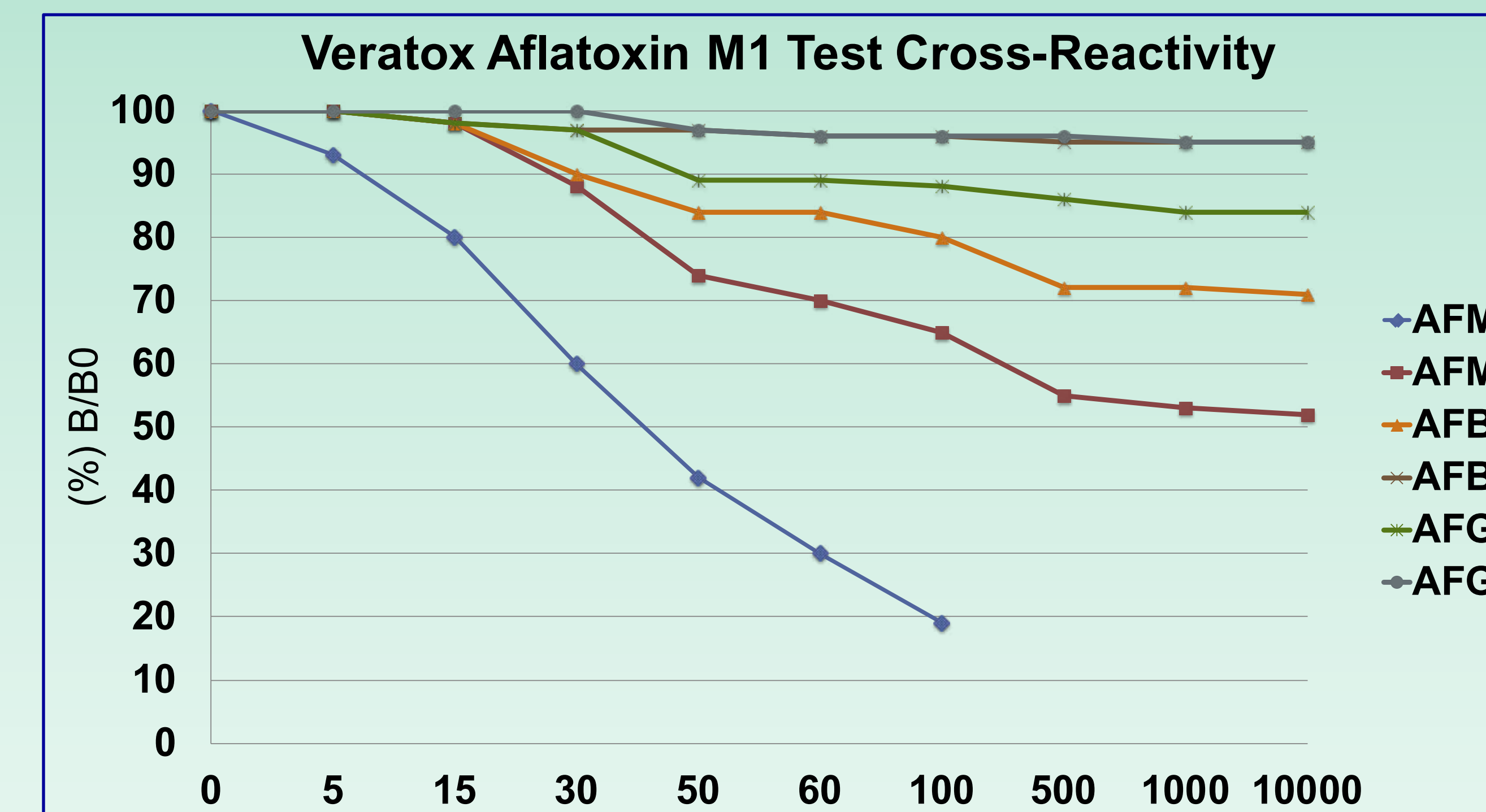
1. Add 100 µL per well of control or samples in duplicate wells and incubate for 20 minutes with continuous shake.
2. Wash 5 times with PBS-Tween.
3. Add 100 µL per well of aflatoxin conjugate and incubate for 10 minutes with continuous shake.
4. Wash 5 times with PBS-Tween.
5. Add 100 µL per well of ready-to-use substrate and incubate for 15 minutes with a continuous shake.
6. Add 100 µL per well of stopping reagent.
7. Read using ELISA reader with a 650 nm filter.
8. Calculate concentration of AFM₁ expressed as ppt.

TEST CROSS-REACTIVITY

The test is very specific for AFM₁. There is no cross-reactivity with AFM₂ or other aflatoxins (B₁, B₂, G₁ and G₂).

AFLATOXIN M₁ TEST CROSS-REACTIVITY

Compounds	50% inhibition (pg/mL)	Cross-reactivity (%)
AFM ₁	42	100
AFB ₁	>10,000	<0.40
AFB ₂	>10,000	<0.40
AFG ₁	>10,000	<0.40
AFG ₂	>10,000	<0.40



MILK AND MILK POWDER SPIKING RECOVERY

RECOVERY OF SPIKED LIQUID SKIM MILK

AFM ₁ spiked level (PPT)					
0	5	10	20	50	
AFM ₁ recovered (PPT)					
PPT	%	PPT	%	PPT	%
5	-	9	90	12	80
Mean recovery (%)					
90					

RECOVERY OF SPIKED DRIED SKIM MILK

AFM ₁ spiked level (PPT)					
0	50	100	200	500	
AFM ₁ recovered (PPT)					
PPT	%	PPT	%	PPT	%
31	-	67	83	99	76
Mean recovery (%)					
80					

CHEESE AND BUTTER SPIKING RECOVERY

Different European cheese varieties and USA-made butter were spiked with AFM₁ at 100 and 250 pg/g sample (20 and 50 pg/mL of final solution). The dichloromethane (DCM) method was used to extract aflatoxin M₁ from samples. After evaporation, the residue was reconstituted in 10% NFDM solution.

TWO OPERATORS AND THREE DIFFERENT KIT LOTS (N=6)

Product	AFM ₁ spiked levels (PPT)				
	0		100		250
	Recovery				
	ppb	ppb	%	ppb	%
Butter	18	88	75	216	81
Vintage cheddar cheese	29	96	74	219	79
Triple cream brie cheese	19	82	69	214	92
Parmigiano reggiano cheese	36	93	68	214	75
Mean recovery	77%				

RECOVERY OF CERTIFIED REFERENCE MATERIAL (CRM):

Whole powder milk certified reference material (CRM) of low, medium and high levels of aflatoxin M₁ were analyzed by HPLC and obtained from European Commission; DG-JRC-IRMM, Geel, Belgium were analyzed by Veratox for Aflatoxin for M₁ test. Data, as shown below, correlated very well with that of the reported reference materials.

RECOVERY OF CRM SAMPLES OF WHOLE POWDER MILK

HPLC Values (ppt ±SD)					
< 20 ppt	111 ± 18		440 ± 60		
Veratox AFM ₁ test recovery (n=18)					
ppt ± SD	%	ppt ± SD	%	ppt ± SD	%
34 ± 12	-	102 ± 12	92	423 ± 26	96

VERATOX FOR AFLATOXIN M₁

- Veratox for Aflatoxin M₁ (AFM₁) can be used to detect and quantify AFM₁ in liquid milk, powdered milk, butter, cheese and other dairy products
- Monoclonal antibody-based competitive ELISA
- 45 minute assay (20:10:15 min.) – shortest in the market for this level of detection
- Limit of detection: 4.3 ppt (4.3 pg/mL or 0.0043 ng/mL)
- Limit of determination: 5 ppt (5 pg/mL or 0.005 ng/mL)
- Standard controls: 0, 5, 15, 30, 60 and 100 ppt of AFM₁
- Range of determination: 5–100 ppt
- Inter-assay variability: 4.6%
- Intra-assay variability: 3.4%
- Cross-reactivity: No cross-reactivity with AFM₂ or other aflatoxins (B₁, B₂, G₁ and G₂).
- Recovery:
 - Liquid milk: 90%
 - Skim milk powder: 94%
 - CRM whole milk powder: 94%
 - Cheeses and butter: 77%